

PROFESSIONAL QUALIFICATIONS

**Bachelor of Medicine, Bachelor of Surgery with Commendation,
Liverpool, July 1999**

Member of the Royal College of Surgeons, Edinburgh, March 2004

**Diploma in Trauma Surgery, University of Wales, Swansea, November
2008**

**Fellow of the Royal College of Surgeons (FRCS Tr & Orth),
Intercollegiate specialty examination, February 2010**

**Certificate of Completion of Training (CCT) in Orthopaedics and Trauma
Surgery, October 2011**

Masters in Trauma Surgery, University of Swansea, June 2012

SENIOR TRAINING AND FELLOWSHIPS

Foot and Ankle Surgery/Sports Surgery

2011

Mr. James Calder and Mr. Lloyd Williams

London

Trauma Surgery

2011

Dr. David Hak

Rocky Mountain Regional Trauma Centre, Denver, USA

Foot and Ankle Surgery, Reconstruction Surgery and Trauma Surgery

2011-2012

Professor Roger Atkins and Mr. Mark Jackson

University Hospitals Bristol NHS Foundation Trust

CURRENT EMPLOYMENT

Consultant Orthopaedic Surgeon

- The Chelsea and Westminster Hospital NHS Foundation Trust,
London, UK

SUB-SPECIALTY INTEREST

Mr Roche cares for and treats all foot and ankle problems including non-traumatic disorders such as bunions, arthritis and tendon disorders. He has a particular interest in:

Treating and rehabilitating sports-related injuries.
Reconstruction of severe or complex deformity around the foot and ankle

EDUCATION

The University of Liverpool, Faculty of Medicine
1994-1999
MBChB with Commendation

St. Colmans College, Newry, Co. Down, N. Ireland
1988-1994
A – Levels, Chemistry **A**, Physics **A**, Maths **A**
(Achieved highest mark in Northern Ireland).

PRIZES AND AWARDS

National poster research award (2nd prize)
British Orthopaedic Foot and Ankle Society, November 2011

AO Travelling Trauma fellowship, Denver, July 2011

DePuy International Research Fund award, July 2008

National DJO Chang Chen award
British Orthopaedic Foot and Ankle Society, November 2008

1st prize, best presentation award
MSc in Trauma Surgery, September 2008

Smith and Nephew education award, July 2008

The John Walsh award
Alder Hey regional alumni, November 2004

The Professor Sir Robert Shields award
Liverpool and Northwest Surgeons Society, 2001

The ROAF Travelling Scholarship, Liverpool July 1997

A-Levels outstanding achievement award
Past Pupils Union of St. Colman's College, Newry, July 1994

PROFESSIONAL MEMBERSHIPS

GENERAL MEDICAL COUNCIL
MEDICAL PROTECTION SOCIETY
BRITISH ORTHOPAEDIC FOOT AND ANKLE SOCIETY
ROYAL COLLEGE OF SURGEONS, EDINBURGH
BRITISH MEDICAL ASSOCIATION

PUBLICATIONS

Roche AJ, Calder JD. Achilles tendinopathy – a review of current concepts
Bone and Joint journal. In press

Roche AJ, Calder JD, Williams RL. Posterior ankle impingement in dancers and athletes. *Foot Ankle Clin.* 2013;18(2):301-318

Roche AJ, Calder JD. Treatment and return to sport following a Jones fracture of the fifth metatarsal – A systematic review. *Knee Surg Sports Traumatol Arthrosc.* 2013 Jun;21(6):1307-15.

Roche AJ, Calder JD. Lateral Column Lengthening Osteotomies. *Foot Ankle Clin.* 2012;17:258-270

Roche AJ, Selvarajah K. Traumatic paediatric amputations. Demographics from a regional limb-fitting centre. *J Bone Joint Surg (Br).* 2011;93-B:507-9

Roche A, Williams G, Wharton D, Brown D. Physical and radiographic evaluation of the bones of the wrist by the junior doctor. *J Hand Surg Eur Vol.* 2011;36:107-110

Perry D, Twafiq S, Roche A et al. The association between clubfoot and developmental dysplasia of the hip. *J Bone Joint Surg (Br).* 2010;92-B:1586-8

Molloy AP, Roche A, Narayan B. Treatment of non-union and malunion of trauma of the foot and ankle using external fixation. *Foot Ankle Clin.* 2009;14(3):563-87

Williams G, Roche A, Hennessy M. "Does the application of a temporary plaster backslab warrant additional radiographs for patients awaiting surgery for displaced distal radius fracture?" *J Hand Surg Eur Vol.* 2009;34(2):275-6

A Roche, L Hunter, N Pocock, D Brown. Physical examination of the foot and ankle by Orthopaedic and Accident and Emergency Clinicians. *Injury.* 2009;40(2);136-138

Dhukaran V, Roche A, Walsh HPJ. Interphalangeal joint fusion of the great toe. *Foot Ankle Surg* 2003;9(3):161-163

Roche A, Rutherford-Davies J, Sampath J. A hip resurfacing implant in an adolescent with cerebral palsy. *J Pediatr Orthop B.* 2012 Mar;21(2):167-9

Williams G, Roche A, Gannon J, Hennessy M. An unusual occurrence in surgical site marking. *Ann R Coll Surg Engl*. 2009;91(2):W18-19

Roche A, Buxton N. A potentially life threatening cervical spine injury. *Injury extra* 2007;39(4):117-119

Holmes W, Roche A, Webb M. Letter to the editor of *JBJSAm*. Comment on "Functional Outcomes for Unstable Distal Radial Fractures Treated with Open Reduction and Internal Fixation or Closed Reduction and Percutaneous Fixation. A Prospective Randomized Trial". <http://www.ejbs.org/cgi/eletters/91/8/1837>

Roche A, Webb M. Comment on 10872; Hesham Al-Khateeb, Boyd Goldie. A novel technique for humeral head retrieval. *Ann R Coll Surg Engl* 2010;92:359(1)

Roche A, Brown D. A letter to the editor. "Physical examination of the foot and ankle by Orthopaedic and Accident and Emergency Clinicians". *Injury* 2009;40:1351-52

Roche AJ, Calder JD. A user-friendly instrument for the modified Strayers procedure: A technical tip. *Foot Ankle Int*. 2012;33(12):1159-60.

Roche AJ, Calder JD. Preventing tibial and talar component contact during implantation of a total ankle replacement. *Ann R Coll Surg Engl*. 2013 Jan;95(1):74-5

Roche A, Manning M. A novel use of the Charnley pins in Ankle Arthrodesis. *Ann R Coll Surg Engl* 2007;89(6):636

Roche A, Manning M. A user-friendly technique for distal locking of intra-medullary nails. *Ann R Coll Surg Engl* 2005;87(4):289

Roche A. Who's who in Orthopaedics. A book review. *Brit Med Jour* 2005;331:581

Roche A, Selvarathnam V, Nayagam S et al. Antibiotic impregnated bioabsorbable carriers for treatment of chronic intramedullary osteomyelitis. *J Bone Joint Surg Proceedings*. In Press

Roche A, Bennett S, Fischer B, Molloy AP. An audit of the profitability of Foot and Ankle Surgery in an NHS Foundation Trust. *J Bone Joint Surg Proceedings*. In Press

Williams G, Roche A, Hennessy M. How to predict cancellation due to soft tissue swelling for ankle fracture patients: a risk factor analysis. *J Bone Joint Surg Proceedings*. In press

A Roche, L Hunter, N Pocock, D Brown. Physical examination of the foot and ankle by Orthopaedic and Accident and Emergency Clinicians. *J Bone Joint Surg (Br)* 2011;93-B:Supp-1;71

Wharton D, Roche A, Scott S. Comparison of patient scar satisfaction in min Versus standard incisions in the posterior approach for total hip replacement. *J Bone Joint Surg (Br)* 2010;92-B:Supp 4:532

Williams G, Roche A, Hennessy M. The cost saving of a discharge and readmit approach to the management of soft tissue swelling in unstable ankle fracture surgery. *J Bone Joint Surg (Br)* 2010;92-B:Supp 1:242

A Roche, L Hunter, N Pocock, D Brown. Physical examination of the foot and ankle by Orthopaedic and Accident and Emergency Clinicians. *J Bone Joint Surg (Br)* 2010;92-B:Supp 1:243

Roche A, Trinca D, Holmes G, Bass A. Inflicted knee flexion contracture and Its compensatory mechanisms in the gait of normal individuals. *Gait and Posture*. 2009 Nov;30(2):S47.

Roche A, Mohan I, Wake P. Tablets of stone or castles of straw?
Ann R Coll Surg Engl 2002;84(4):283
A study of congenitally absent Dorsalis Pedis pulsation

V. Dhukaram, A. Roche, H.P.J. Walsh. Interphalangeal joint fusion of the great toe. *J Bone Joint Surg (Br)* 2003;85-B:Supp 3:250